



Middleton Sports Club



PHYSICAL CONTACT AND YOUNG PEOPLE IN SPORT POLICY

Middleton Sports Club will follow the guidelines written by the Child Protection Sport Unit (CPSU).

Physical contact during sport should always be intended to meet the child's needs, **NOT** the adults. The adult should only have physical contact if their aim is to:

- Develop sports skills or techniques
- To treat an injury
- To prevent an injury or accident from occurring
- To meet the requirements of the sport.

In all cases, the adult should explain the nature and reason for the physical contact to the child, reinforcing the teaching or coaching skill. Unless the situation is an emergency, the adult should ask the child for permission.

No member of staff should isolate themselves from the other coaches whilst physical contact is being given. Protect the child by protecting yourself first from possible accusations; make sure there is another member of staff nearby that is able to see you before you involve physical contact.

No member of staff shall put themselves in a situation that could result in cause for concern. If you are unclear of what physical contact is allowed then ask the Club Safeguarding Officer(s) for more advice.